

Smartphones for health: Tools not toys



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smama Mobile Day
Rüschlikon 3rd April 2018

Convenience

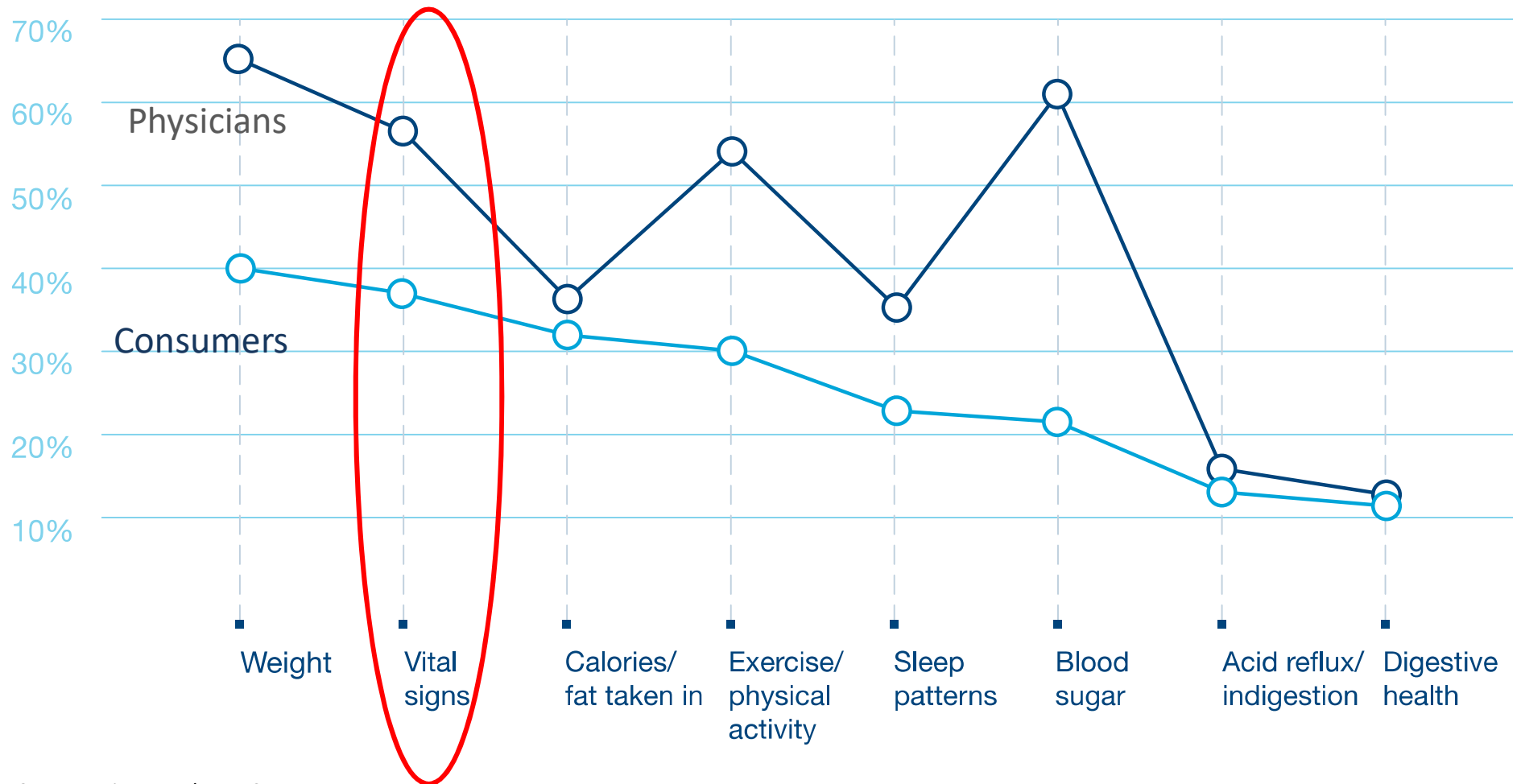
- Technology has enabled a wave of change delivering convenience to consumers
- Consumers now expect to use their smartphones to access quality information, products and services anywhere and anytime
- This wave has already dramatically changed the “how” of communications, banking, dating, taxis, ...
- Now is the time for convenience in one of the most important aspects of our life: Our health

Apple CEO, Tim Cook (2016):

“Healthcare may make Smartphone market look small”



What Consumers and Physicians want to track



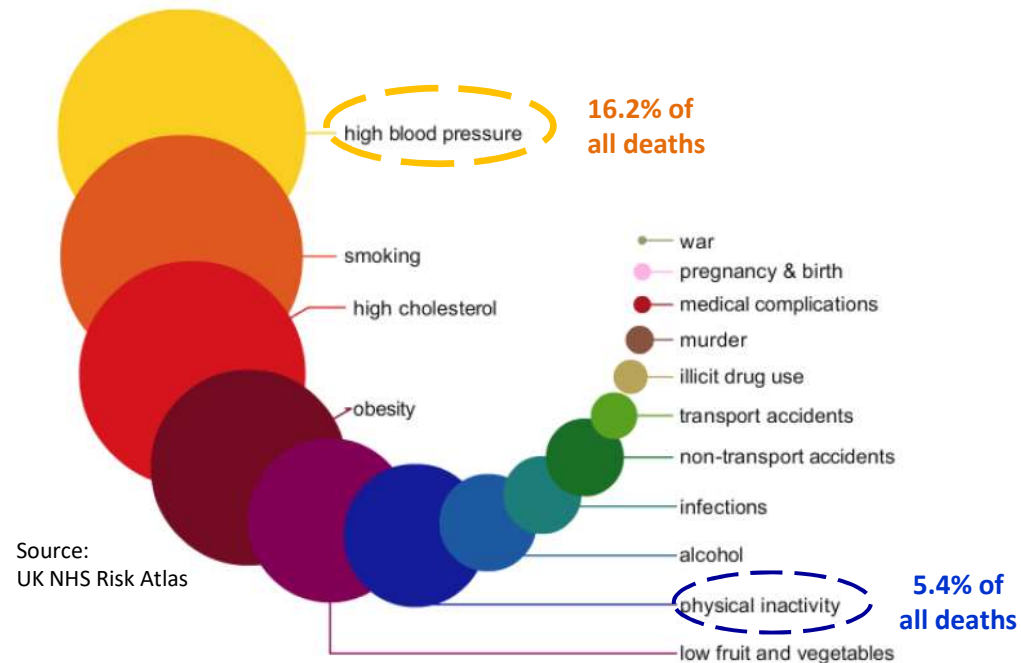
Source: PricewaterhouseCoopers HRI
Physician and Consumer Surveys, 2010

Medical Importance

- Vital signs (Blood pressure, temperature, heartrate, respiration rate and blood oxygen) recognized by doctors as starting point for diagnoses
- Blood pressure is the #1 risk factor for early death and causes 51% of stroke and 45% of coronary heart disease deaths (WHO Global Health Observatory 2012)
- High blood pressure affects 27% of worldwide population ranging from 23% in the Americas to 37% in Africa (WHO World Health Report 2008)
- Diagnosis is the key to managing high blood pressure since there are often no symptoms and drugs to treat it are both effective and low cost

Measure Health not Activity

Risks leading to death in perspective



- High blood pressure is 3x higher risk factor than lack of physical activity
 - Physical activity (e.g. Daily Step Count) = Effort
 - Health (e.g. Blood Pressure) = Results

Health not Fitness



- USA spends 18% GDP on Health
 - Infrastructure 2.4%, Military 3.2%, Education 5.4%
 - Over **100 x** more than Fitness (incl. Gyms + Exercise machines)

The Smartphone Health Sensor Gap

- Digital Health Market > \$ 230B by 2020
- Over 250,000 Health Apps now
- ~1B Health sensors built in Smartphones already
- **No sensors available today with medical accuracy (FDA, CE ... approvals)**
- Less than 10% of health apps use phone sensors

Stakeholders



Building the Tool

e-Checkup™

Service with medical regulatory approvals

Hardware

Under \$1 in 3 years
Smartphone-
compatible
Ready for volume

Production

Fast ramp to 100Ms
of units / year
Top tier suppliers
Custom factory test

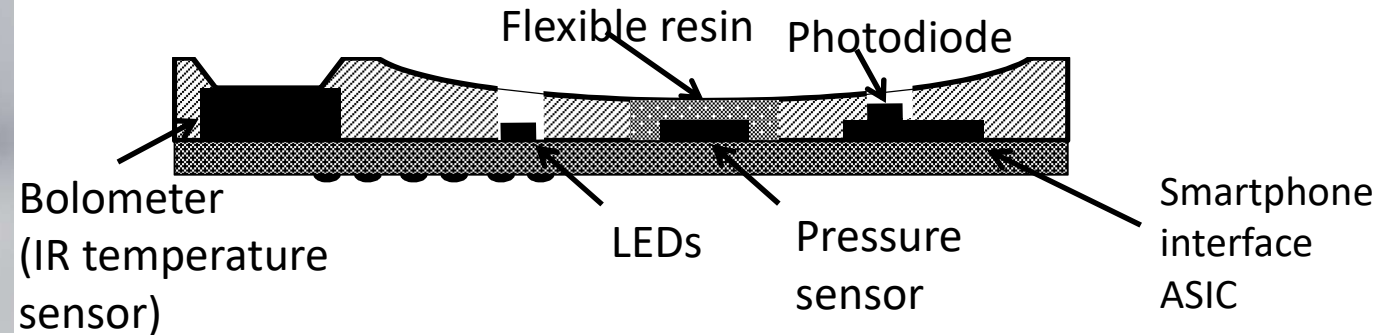
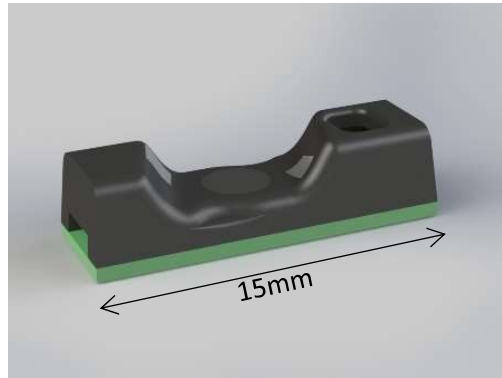
Software

Gamification
User-friendly app
OS driver
Analysis

Database

Secure
Cloud-based
Scalable
Structured

V-Sensor - Principles of operation



Uses well-proven science for measurement of each Vital Sign:
 Arterial occlusion (Riva-Rocci) for blood pressure (1896)
 Infra-red bolometry for non-contact temperature (1878)
 Photo plethysmography (PPG) for heart and respiration rates (1938)
 Pulse oximetry for blood oxygen (1972)

LMD's innovation is using established science in phone-compatible solution

Satisfying the Stakeholders



- End Users:
 - Convenience and trust
 - Always with you
 - No additional device purchase
 - Medical accuracy using an easy, gamified app



- Smartphone Companies:
 - Differentiation
 - Small and cheap enough to include in all phones
 - Phone not a regulated medical device
 - Easy integration



- Doctors and Nurses:
 - Accuracy and productivity
 - Five medically-recognised Vital Signs
 - Regulatory approvals for safety and accuracy
 - Well-proven science and techniques

Regulator: Friend, not foe



- Regulated Medical Device
 - Certification with 14 medical regulators around the world
 - Covers 97% of smartphone market
 - Clinical quality and accuracy
 - Can be trusted by physicians and consumers
 - Designed to be operated by consumers, not trained experts

Medical Accuracy

- Tested to meet the same standard of accuracy as a traditional upper-arm cuff used to measure blood pressure
 - ISO81060-2 and ESH 2010
- For the other Vital Signs use the trusted medical accuracy standards:
 - Pulse rate: ISO80601-2-61
 - Blood Oxygen (SpO2): ISO80601-2-61 and FDA1605
 - Body Temperature: ISO80601-2-56 and ASTM1965
- Sensor and software will be a regulated medical device meeting all the safety and other standards for such devices

Market Evolution

Service	When	Basis	Participants	Value Propositions
Vital Signs Measurement	2019	e-Checkup	End Users	“Cool Gadget” then Convenience
			Smartphone Companies	Drive device upgrades + Gain market share
			Doctors	More data to help diagnose
Medical Data Collection	2019/2020	e-Checkup + Ecosystem Partners	End Users	Convenience + Insights
			Smartphone Companies	Extend brand into new market
			Doctors	Remote screening
Health Monitoring	2020+	e-Checkup + Ecosystem Partners + Massive Usage	End Users	Convenience + Insights + Peace of mind
			Smartphone Companies	Build business in health market
			Doctors	Remote screening + Calibrated data for AI-based diagnosis

Smartphone vs. Standalone

- The smartphone's built-in camera replaced dedicated cameras because:-
 - Good quality: Tool, not Toy
 - Cheap enough to be standard in all smartphones
 - Always with you
 - No additional purchase
 - Nothing else to carry
 - Occasional, on-demand use
- Health sensing has very similar characteristics

Summary

- The main driver for users is convenience
- Other stakeholders (smartphone, medical) have different requirements
- Challenging to meet requirements of all stakeholders
 - BUT worth it:
 - Financially: Huge market
 - Ethically: Save huge number of avoidable deaths every year